You will need a reasonably up-to-date computer, iPad, tablet or smart phone and internet, with the Chrome browser (or Safari for iPhone or iPad).

## **DESKTOP & ANDROID DEVICES**

## **Download Chrome**

To take part in a telehealth video call with United Minds your desktop or android device, you will need:

- A reasonably up-to-date computer, tablet or smart phone
- If using wi-fi be sitting within range of your modem
- A webcam, mic and speakers (built in or plug in)
- Reasonable internet or 3G/4G data will use about the same amount of data as watching a Youtube video)
- Up-to-date Google Chrome installed

An easy way to check if your computer and internet is suitable is to do a test call. You can do this any time. No one will pick up your call.

## **IPHONE OR IPAD**

To take part in a telehealth video call using your iPhone or iPad with Safari, you will need:

- A reasonably up-to-date iPhone or iPad
- Up-to-date operating system
- Reasonable internet or 3G/4G data (will use about the same amount of data as watching a Youtube video)
- If using wi-fi be sitting within range of your modem
- You must use Safari

## MORE INFORMATION

- <u>Healthdirect</u>
- Video Call will not work on some phones such as the Oppo
- We recommend a private, quiet and well lit room. This will be a confidential appointment so we do not recommend having your appointment in a public area.